



Expectant Parents Guide

WHEN

CONSIDERING ADOPTION

**Guide 4: Creating Your Hospital Plan:
How the Birth Experience Works**

CREATING YOUR HOSPITAL PLAN

Your hospital plan ensures your voice is heard during labor, delivery, and the hours afterward. This guide outlines what decisions you control and what to expect.



WHAT YOU CAN DECIDE

- Who is with you in the delivery room
- Who holds the baby first
- How long you want with the baby
- Whether the adoptive parents are present
- Photography preferences
- Feeding decisions



COMMUNICATION WITH HOSPITAL STAFF

Your agency will coordinate with the hospital so your wishes are respected and documented clearly

AFTER BIRTH

You have full parental rights until and unless you sign consent. You may: - Spend time alone with the baby - Invite the adoptive parents into the room - Adjust your plan as needed



SIGNING CONSENT

This occurs only when you are ready and legally permitted. You should never feel rushed. You have your own attorney to explain your rights. To learn more, call or text Christy Ikeler, at 720-371-1099.



YOUR HOSPITAL EXPERIENCE

Your hospital experience should feel safe and supported. You guide the plan; your agency follows your lead. Adoption Choices is here to help.

www.adoptionchoices.org
720-371-1099

