



# Expectant Parents Guide

WHEN

CONSIDERING ADOPTION

**Guide 8: Life After Adoption:  
What Happens Next**

# LIFE AFTER ADOPTION

Life after adoption looks different for every birth parent. This guide offers realistic expectations and long-term considerations.

Adoption Choices is here to help. Christy is the director of Adoption Choices. Reach out to discuss your unique situation at 720-371-1099 (text or call).



## YOUR RELATIONSHIP WITH THE ADOPTIVE FAMILY

This depends on your open adoption agreement and comfort level. Most relationships evolve naturally over time. We are here to discuss it! Let us help.



## YOUR EMOTIONAL JOURNEY

Healing is not linear. Many parents experience: - Relief - Grief - Pride - Hope - Uncertainty

All of these feelings are valid. Call Christy to find out more at 720-371-1099 (text or call).

## LONG-TERM SUPPORT

Your agency should offer: - Continued counseling - Connection to other birth parents - Resources for education or employment - Support navigating open adoption.



# ADOPTION TAKES TIME

Adoption is not a one-day event. It is a lifelong relationship, and you deserve continued support as you move forward. Get more information by calling or texting Christy Ikeler, Adoption Choices of Colorado. 720-371-1099. See if Adoption is the right choice for you.

